

Dear All,

I hope this finds you well. January seems to go on for ever, but I know that some communities have brightened it up with a party to start back (Amesbury, hope it went well!) or post-Christmas meal (Roundabout and Pilgrim in South Wales, as though we hadn't eaten enough over Christmas!).

Medway had a lovely handover from Rachel Littlewood to Karen and Trevor Dyer. Thank you so much for sharing the video of tributes and reminiscences, it was lovely.

This month many of us celebrate the Feast of Light. Eastleigh and Fareham are getting together this Saturday Feb 4<sup>th</sup> as are a number of other communities in the South-west (at Bath). The Welsh communities are meeting on the 18<sup>th</sup> Feb.

We pray for these gatherings and any others around the province, that they will be a blessing to all who attend, and through them, to those who may not be able to make it.

Our Guidelines this month speak of our role as informing, rather than convincing others of the Good News of Jesus. It would be fair to say that Faith and Light is exceptionally good at demonstrating Jesus' love and compassion, the value he puts on every single human being. I am sure that many of us have been more convinced of this by sharing in community, than by listening to the most eloquent of sermons.

The advice, "Preach the gospel at all times; if necessary use words!" is attributed to St Francis. It could be our motto, I think.

In our cycle of prayers, we pray for Trinity Community Cardiff this month, for Norbert and Rhona Flynn, for Bro. Brian their chaplain and all the members.

Bless you,

Love Sue